

A Little Bit About Us ...

For more than nine years, Summit Gymnastics has been dedicated to producing top-quality gymnasts by providing a safe and productive work environment that enhances physical and mental well-being.

Our positive, challenging and motivational atmosphere will encourage gymnasts to make meaningful commitments to gymnastics. Summit Gymnastics will help gymnasts achieve their ultimate goal – to reach their fullest personal potential, both mentally and physically, with the sport of gymnastics.

Program Costs: Fees are based on an 6-week session. Fees are due in Week One of each session. Students are automatically enrolled in the next session as long as payment is received by the 1st class of the new session. Anyone who is not current on payments will risk losing their child's spot in class.

Registration Fee: All students pay an annual registration fee of \$50 per child (or \$80 per family for multiple children). This is a yearly fee and is non-refundable.

Multi-child or Multi-class Discount: Add a 2nd child to the program and receive 15% off each additional child for the session. Add a second class and receive 20% off the second class for the session!

Makeup Policy: Students may makeup one class per session. Make-ups are offered during regular class time, based on availability. Please make arrangements in advance through our Desk Staff.

Late Fee: A \$15.00 per child late fee is applied to any class not paid by Week One of the new session.

Military Discount! – We support our military families!
Summit proudly offers you a 20% discount off session fees.

Birthday Parties! What better way to celebrate a birthday than with a gymnastics birthday! You get 60 minutes of gym time with an instructor and 30 minutes for cake and presents. \$150 for up to 15 kids (\$10 for each additional child). Call today to reserve your date!

◆ **SPECIAL EVENTS AND CLASSES** ◆

Cheer Squad Tumble Clinics – Clinics work basics through advanced tumbling skills, jumps, strength and flexibility. Each 2-hour clinic costs just \$25 per cheerleader. Dates and times are limited. Some school holidays are available. Call today to schedule! (Minimum 8).

Field Trips – Attention Schools & Daycares! – Schedule a gymnastics field trip today! We make it both fun and educational. You get 90 minutes of gymnastics training for only \$7.50 per child. Call today to set up a trip for your school!

Home-schooled Students – We offer specialized classes designed just for home-schoolers and their needs. Having a flexible schedule, we can tailor the classes to fit your needs.

Parents Night Out – Drop the kids off for some gymnastics fun from 6pm to 10pm. Games, snacks, trampoline and pit time guarantee fun for all! All adult supervised, of course! Check at the Desk for our next scheduled date.

\$20 = Summit Members

\$15 = Summit Team Kids

\$25 = Non-Summit Members

Adult Gymnastics – Want to re-live the glory days? Call to get on a waiting list. We start a class as soon as we have 3 or more participants!

Open Gym – Every Friday ... 2pm to 4pm; \$7 per person per visit. Must sign up in advance.

USAG COMPETITIVE TEAMS GIRLS (Level 2 thru 10)

Summit Gymnastics

Phone – 912-921-1034

Email: summitgymnastics@yahoo.com

Website: summitgymnasticssav.com

First Class Is Always Free For New Students!



**Providing
Excellence in
Gymnastics
Instruction**

HAPPY NEW YEAR!

**Session 2 –
Feb 27th – April 8th**
**New students may join a
session already in progress**

Next Session Starts April 9th

**74 W. Montgomery Cross Rd
Savannah GA 31406**

Phone – 912-921-1034

Email: summitgymnastics@yahoo.com

Website: summitgymnasticssav.com

Mommy (or Daddy) and Me

Ages 18 months to 3 years – 50-minute class

\$85 per 6 week session

Parents participate with their toddlers, (ages 18 months to 3 years), where the focus is on development of movement, coordination and local motor skill progression. Music and obstacle courses are incorporated to ensure everyone has fun while learning. Come join the fun!

Monday 9:30 – 10:20am Monday 5:20 – 6:10pm

3, 4 and 5 Year Olds

\$85 per 6 week session – 50-minute class

Class is designed to introduce and develop gymnastics skills for both boys and girls. These classes use music and props to engage the children and make classes fun. We develop trusting relationships with coaches, while building self-confidence, movement coordination, and body awareness.

	<u>3-4 Yr Olds</u>	<u>4-5 Yr Old</u>	<u>3-5 Yr Old</u>
<u>Monday</u>	4:30 – 5:20pm		10:30 – 11:20am
<u>Tuesday</u>	6:05 – 6:55pm	5:10 – 6:00pm	4:15–5:05pm
<u>Wednesday</u>			5:30–6:20pm
<u>Thursday</u>	5:20 – 6:10pm	4:30 – 5:20pm	6:10 – 7:00pm
<u>Saturday</u>			10:00 – 10:50am

Super Stars (Ages 3, 4, & 5) By Invitation Only

\$85 per 6 week session – 50-minute class

Monday – 6:10 – 7:00pm

Call to book your free Trial Class!

912-921-1034

Girls Only! (ages 6 and up)

\$105 per 6 week session – 60 min class

Class introduces and works to master the four women's competitive events: vault, bar, beam and floor. USAG Level 1 and 2 skills are taught within these classes. Focuses on developing strength, flexibility, and body awareness while learning to master basic skills progression.

	<u>Beginner</u>	<u>Intermediate</u>
<u>Monday</u>	5:30 – 6:30pm	
<u>Tuesday</u>	4:30 – 5:30pm	
	5:30 – 6:30pm	
<u>Thursday</u>	5:00 – 6:00pm	6:00 – 7:00pm
<u>Saturday</u>	11:00 – 12:00pm	

Advanced Girls (Invitation Only)

\$120 per 6 week session – 75 min class

Wednesday – 4:15 – 5:30pm

NEW! ★★ Cheer Basics ★★

This class will work on cheer basics & is geared specifically for the beginner wanting a great solid introduction to cheerleading. Students will work on: : proper hand & arm positions, good jumping technique, learn cheers, chants, & dances, as well as work beginner tumbling.

Tuesday OR Thursday 7:00– 8:00pm – \$105 per 6-Week Session

Girls Pre Team (Invitation Only!)

Hot Shots (under age 6)

\$129 per month

Monday and Thursday

4:00 – 5:30pm

Pre Team (6 yrs+)

\$129 per month

Monday and Thursday

5:30 – 7:00pm

All classes must have a minimum of four (4) participants for the class to remain open

Tumbling (ages 6 and up)

\$105 per 6 week session – 60 min class

Class focuses on teaching proper tumbling skills progressions while building strength, flexibility and confidence. Each level must master the basics and build their foundation in order to reach tumbler's personal potential in a safe and progressive manner. Our classes are great for "fixing" bad habits and learning proper technique!

Beginner / Intermediate Tumbling

Working skills up through standing back handspring (Beginner) or has tumbler has standing back handspring without a spot (Intermediate)

Monday 6:30 – 7:30pm

Advanced Tumbling

Must have round-off back handspring *without a spot* to be admitted

Monday 7:30 – 8:30pm

Squad Tumbling

Bring your team (6 or more paid tumblers) and save 20% per tumbler! You can choose your own date and time!

Want your own weekend or week-long camp?

Call for availability as days and times are limited.

Also receives discounted annual registration fee of \$25

Boys Only!

\$105 per 6 week session – 60 min class

Works on men's competitive events including bars, floor, vault and rings. Focuses on developing strength, flexibility & body awareness while learning to master basic skills & progressions.

Tuesday 4:30 – 5:30pm

Thursday 4:30 – 5:30pm

